OXFORD BROOKES UNIVERSITY MA Coaching and Mentoring Practice

REFLECTIVE SPACE

Event:	Date:
Subjective Account (summarise feelings/perceptions surrounding the incident or event)	
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Objective Description (describe the	situation using facts and observations)
Analysis of Incident (use critical anal	ysis to make sense of the incident)
Personal Learning (pull out all the lea	What will man do not the man
Tersonal Learning (pull out all the lea	arning. what will you do next time?)